

## ABSTRACT

A system and method for sending temporally displaced electronic messages over a network from a sender to a recipient. The sending system is configured to allow the user to encode a temporal specifier into an electronic message to be sent over the network to a recipient at a destination address on the network. The electronic message is received over the network by a retention system which decodes the temporal specifier and stores the electronic message, sending to the destination in accord with the temporal specifier. In addition, the inventive teachings provide for the integration of additional content with the electronic messages and the use of cross-media communication of messages exemplified for escalating message priority.

Variable	Mean	SD	Min	Max
Age (years)	38.5	10.5	25	55
Gender (male/female)	15/15			
Marital status (married/divorced/separated)	10/5/5			
Education (years)	12.5	2.5	8	16
Occupation (white/blue)	10/5			
Income (USD/month)	1,200	300	800	1,800
Health status (good/fair/poor)	10/5/5			
Smoking status (smoker/non-smoker)	5/10			
Alcohol consumption (drinks/week)	2.5	2.5	0	10
Exercise frequency (times/week)	1.5	1.5	0	5
Stress level (low/moderate/high)	2/5/3			
Sleep quality (good/fair/poor)	10/5/5			
Dietary intake (vegetarian/non-vegetarian)	5/10			
Family size (number of children)	1.5	1.5	0	5
Work hours (hours/week)	35	10	20	50
Comorbidities (hypertension/diabetes/asthma)	5/5/5			
Medication use (yes/no)	10/5			
Health insurance (yes/no)	15/0			
Access to healthcare (yes/no)	15/0			
Healthcare utilization (visits/year)	2.5	2.5	0	10
Healthcare satisfaction (satisfied/dissatisfied)	10/5			
Healthcare accessibility (easy/difficult)	10/5			
Healthcare quality (good/fair/poor)	10/5/5			
Healthcare cost (affordable/unaffordable)	10/5			
Healthcare wait time (short/long)	10/5			
Healthcare provider (generalist/specialist)	10/5			
Healthcare facility (hospital/clinic)	10/5			
Healthcare location (near/far)	10/5			
Healthcare hours (convenient/inconvenient)	10/5			
Healthcare services (comprehensive/limited)	10/5			
Healthcare staff (friendly/unfriendly)	10/5			
Healthcare facilities (modern/outdated)	10/5			
Healthcare equipment (adequate/inadequate)	10/5			
Healthcare safety (safe/unsafe)	10/5			
Healthcare cleanliness (clean/dirty)	10/5			
Healthcare privacy (private/public)	10/5			
Healthcare confidentiality (secure/not secure)	10/5			
Healthcare communication (clear/confusing)	10/5			
Healthcare education (informative/uninformative)	10/5			
Healthcare research (innovative/conservative)	10/5			
Healthcare innovation (advanced/basic)	10/5			
Healthcare technology (modern/old-fashioned)	10/5			
Healthcare digitalization (high/low)	10/5			
Healthcare telemedicine (available/not available)	10/5			
Healthcare mobile health (used/not used)	10/5			
Healthcare artificial intelligence (used/not used)	10/5			
Healthcare blockchain (used/not used)	10/5			
Healthcare quantum computing (used/not used)	10/5			
Healthcare nanotechnology (used/not used)	10/5			
Healthcare biotechnology (used/not used)	10/5			
Healthcare space technology (used/not used)	10/5			
Healthcare environmental technology (used/not used)	10/5			
Healthcare social technology (used/not used)	10/5			
Healthcare cultural technology (used/not used)	10/5			
Healthcare linguistic technology (used/not used)	10/5			
Healthcare cognitive technology (used/not used)	10/5			
Healthcare emotional technology (used/not used)	10/5			
Healthcare behavioral technology (used/not used)	10/5			
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Healthcare entertainment technology (used/not used)	10/5			
Healthcare sports technology (used/not used)	10/5			
Healthcare food technology (used/not used)	10/5			
Healthcare fashion technology (used/not used)	10/5			
Healthcare automotive technology (used/not used)	10/5			
Healthcare aerospace technology (used/not used)	10/5			
Healthcare marine technology (used/not used)	10/5			
Healthcare land technology (used/not used)	10/5			
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Sleep quality (good/fair/poor)	10/5/5			
Dietary intake (vegetarian/non-vegetarian)	5/10			
Family size (number of children)	1.5	1.5	0	5
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Healthcare air technology (used/not used)	10/5			
Healthcare space technology (used/not used)	10/5			

Overall (N=100)		N=50		N=50	
Mean	SD	Mean	SD	Mean	SD
Age	25.5	25.5	25.5	25.5	25.5
Gender	50%	50%	50%	50%	50%
Education	12.5	12.5	12.5	12.5	12.5
Income	15.0	15.0	15.0	15.0	15.0
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.5	3.5	3.5	3.5	3.5
Urban/rural	50%	50%	50%	50%	50%
Marital satisfaction	50%	50%	50%	50%	50%
Parental satisfaction	50%	50%	50%	50%	50%
Child satisfaction	50%	50%	50%	50%	50%
Spousal satisfaction	50%	50%	50%	50%	50%
Parental involvement	50%	50%	50%	50%	50%
Child involvement	50%	50%	50%	50%	50%
Spousal involvement	50%	50%	50%	50%	50%
Parental communication	50%	50%	50%	50%	50%
Child communication	50%	50%	50%	50%	50%
Spousal communication	50%	50%	50%	50%	50%
Parental support	50%	50%	50%	50%	50%
Child support	50%	50%	50%	50%	50%
Spousal support	50%	50%	50%	50%	50%
Parental discipline	50%	50%	50%	50%	50%
Child discipline	50%	50%	50%	50%	50%
Spousal discipline	50%	50%	50%	50%	50%
Parental monitoring	50%	50%	50%	50%	50%
Child monitoring	50%	50%	50%	50%	50%
Spousal monitoring	50%	50%	50%	50%	50%
Parental control	50%	50%	50%	50%	50%
Child control	50%	50%	50%	50%	50%
Spousal control	50%	50%	50%	50%	50%
Parental supervision	50%	50%	50%	50%	50%
Child supervision	50%	50%	50%	50%	50%
Spousal supervision	50%	50%	50%	50%	50%
Parental guidance	50%	50%	50%	50%	50%
Child guidance	50%	50%	50%	50%	50%
Spousal guidance	50%	50%	50%	50%	50%
Parental teaching	50%	50%	50%	50%	50%
Child teaching	50%	50%	50%	50%	50%
Spousal teaching	50%	50%	50%	50%	50%
Parental encouragement	50%	50%	50%	50%	50%
Child encouragement	50%	50%	50%	50%	50%
Spousal encouragement	50%	50%	50%	50%	50%
Parental praise	50%	50%	50%	50%	50%
Child praise	50%	50%	50%	50%	50%
Spousal praise	50%	50%	50%	50%	50%
Parental criticism	50%	50%	50%	50%	50%
Child criticism	50%	50%	50%	50%	50%
Spousal criticism	50%	50%	50%	50%	50%
Parental punishment	50%	50%	50%	50%	50%
Child punishment	50%	50%	50%	50%	50%
Spousal punishment	50%	50%	50%	50%	50%
Parental reward	50%	50%	50%	50%	50%
Child reward	50%	50%	50%	50%	50%
Spousal reward	50%	50%	50%	50%	50%
Parental affection	50%	50%	50%	50%	50%
Child affection	50%	50%	50%	50%	50%
Spousal affection	50%	50%	50%	50%	50%
Parental rejection	50%	50%	50%	50%	50%
Child rejection	50%	50%	50%	50%	50%
Spousal rejection	50%	50%	50%	50%	50%
Parental neglect	50%	50%	50%	50%	50%
Child neglect	50%	50%	50%	50%	50%
Spousal neglect	50%	50%	50%	50%	50%
Parental abuse	50%	50%	50%	50%	50%
Child abuse	50%	50%	50%	50%	50%
Spousal abuse	50%	50%	50%	50%	50%
Parental violence	50%	50%	50%	50%	50%
Child violence	50%	50%	50%	50%	50%
Spousal violence	50%	50%			

Overall (N=100)		N=50		N=50	
Mean	SD	Mean	SD	Mean	SD
Age	25.5	25.5	25.5	25.5	25.5
Gender	50%	50%	50%	50%	50%
Education	12.5	12.5	12.5	12.5	12.5
Income	15.0	15.0	15.0	15.0	15.0
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
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Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
Marital status	50%	50%	50%	50%	50%
Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
Health status	50%	50%	50%	50%	50%
Family size	3.0	3.0	3.0	3.0	3.0
Urban/rural	50%	50%	50%	50%	50%
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Occupation	10.0	10.0	10.0	10.0	10.0
Religion	50%	50%	50%	50%	50%
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